

Union Church is a *thinking church*.

Together we ask questions and explore the world beyond ourselves. We aim to grow in kindness and generosity with *all people*.

Join us.



SUPER AGERS

SUNDAY | DECEMBER 7

IN YOUTH ROOM

11:15 a.m. - 12:30 p.m.

What is a SuperAger?

A SuperAger is an individual over age 80 with memory abilities comparable to those in their 50s and 60s.

Join Dr. Emily Rogalski of the SuperAging Research Initiative and our own Union Church super ager, June Scott, to learn more about this positive and proactive approach to understanding aging.

The University of Chicago is a leading institution in SuperAging research, focusing on individuals over 80 with exceptional memory performance.

The SuperAging Research Initiative, led by Dr. Emily Rogalski, studies these individuals to identify factors that contribute to healthy cognitive aging and potentially prevent or delay Alzheimer's disease.

In essence, the SuperAging research at UChicago is a positive and proactive approach to understanding aging, with the potential to benefit not just individuals but also society as a whole.



June Scott and some of her SuperAger friends!



We are an **Open and Affirming** congregation.

GENEROUS. OPEN. CONNECTED.